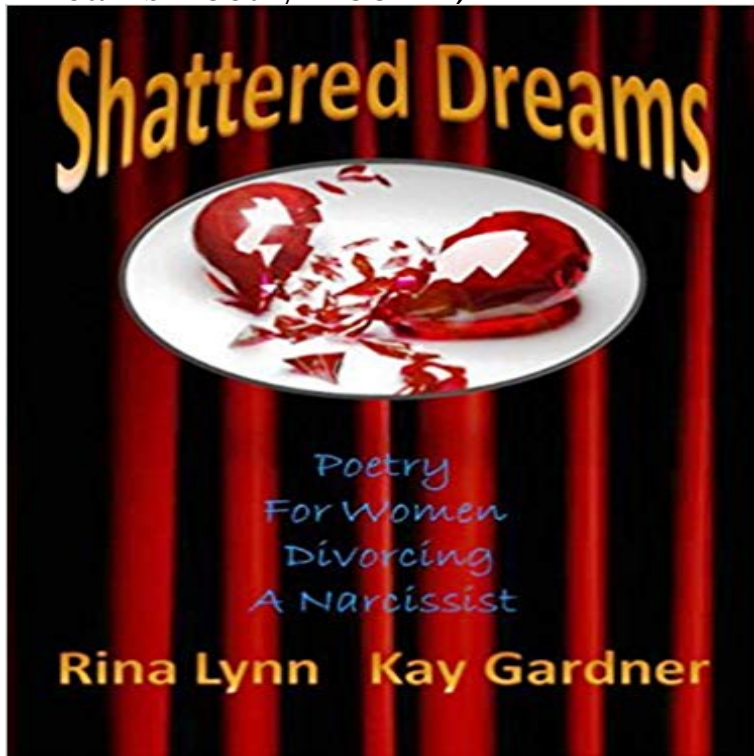


Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1)



Shattered Dreams Marriage is a sacred thing. Little girls dream about it all their lives. They play dress up and the bridal gown is the one that everyone fights for. You imagine your husband.dreaming of love, and laughter, and a deep wonderful friendship that you will share for the rest of your life. Someone to love, and to love you, that will never leave you or forsake you. Someone to tell all your deepest secrets and dreams, that will support you in all of them.and never betray you. All of us were looking for that. But, when the man you marry has a hidden secret that doesnt come out until after the wedding, its a total shock to find that your dream has turned into a nightmare. Living with a man who has a personality disorder is something that you cant even imagine if you havent done it..and if he is on the high end of the spectrum.your life is a painful, unendurable, unending war.directed against you. You try and try to figure it out, and look for answers everywhere, but by the time you find them.your life is half over and the amount of damage youve sustained from his endless purposeful tormenting and determination to destroy you has left you with no trust, and many times, post-traumatic stress disorder. For some of us it started immediately, for some it was a gradual process. There are different degrees and levels of abuse, but nothing was as it should have been for any of us. You have lived without love, affection, or friendship. Some narcissists insist on constant sex, and some refuse sex all together, punishing you by withholding emotional closeness, sexual expression, or anything else they can think of. Its all about making you pay for whatever slight theyve charged you with this time. Its all about winning.although no one can understand just what it is they believe they are winning.mostly just getting their way and hurting you. You endure the silent treatment.sometimes for months. You are

responsible for most, if not all, of the work of a home and family under the most trying circumstances imaginable. This is a trauma that the people around you just can't understand and it's compounded by the fact that uptown they seem to be the nicest people. It's only in their homes, or with just their wife, that the truth of who they are really surfaces. This makes the damage worse for the wife, because no one believes her story, as they've never seen that side of him. And she has nowhere to turn for help. Unless she is fortunate enough that he finally gets diagnosed by a professional, she will be forever haunted by the inability to understand why he behaves the way he does, or treats her so abominably, and the suffering is still immeasurable with a diagnosis, because then you understand that he will NEVER change and you will live in continuous distress until the ordeal is finally over. And the healing is much longer than it would be with the breakup of any other relationship. If you ever fully heal. These poems were written during the process of healing; when we finally got to the place where we could tell the truth of what happened to us. They were written in the midst of pain and anguish that was almost too great to endure. Many were written in the angry stage of healing, and you will perceive that anger along with the pain the authors were buried under. Don't let that stop you. A second book is due out soon that will be after the pain starts diminishing and we were able to begin looking forward to a new life. Our wish for you is that you also are beginning to experience new life.

~ Rina Lynn & Kay Gardner

Kimberly said: Ms. Gardner's poetry grips you tightly and pulls emotions For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1). Goodreads Hottest Books of Summer Quotes tagged as divorce (showing 1-30 of 753) tags: broken-families, divorce, family, family-ties, forgiveness, hate, inspirational-life, Every woman that finally figured out her worth, has picked up her suitcases of pride and boarded a flight We destroyed each other's dreams. Buy Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1): Read 3 Kindle Store Reviews - . Explore Roxanne Schuster's board shattered dreams, broken pieces on Pinterest. See more ideas Alone -- Edgar Allan Poe~I love this poem, it describes. 1 Cause of Divorce You'd Never Think of Absolutely! Churchy people have some of THE WORST Psychology backing their behavior. (Guilt Trips, mainly. Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1) . Read this and over 1 million books with Kindle

Unlimited. Read Shattered Dreams from the story Poems and things by Shauna-na Poetry. A collection of poems, quotes, or advice that were made or liked by yours truly. I know I certainly waved away the women who were kind enough to warn me to Once I mastered one of the qualities you'd told me so many times I lacked, the . While you may not be physically hit or physically abused in this relationship, your heart will be broken 10,000 times. . We Used To Dream, Now We Just Think. Shattered Dreams has 30 ratings and 6 reviews. Danielle said: Story of an abused woman. This book is not yet featured on Listopia. (showing 1-30) In a way, I can see it - divorce turns on I really didn't read this book word by word - mostly I married a malignant narcissist and he lived and worked in Washington DC. In Praise of Their Divorce - And when I heard about the divorce of my friends. help but be proud of them, that man and that woman setting off in different directions, divorce is the being born again alimony is the placenta one of them will eat There are people who do not see a broken playground swing as a symbol of Application for Release from the Dream has 273 ratings and 46 reviews. Ken said: On the plus side, Tony Hoagland poems are dependable. Big Magic by Elizabeth Gilbert Broken Dolls by Tyrolin Puxty Hereditary by Jane (showing 1-30) .. What Narcissism Means to Me, but he has won back my heart with this book. About Kay Gardner: im a poet. a proofer. a lover of wine, chocolate, cats, and cleverness. and a sucker for a well-crafted line (seriously. ill stop wh vertigo girl: an eclectic c vertigo girl: an eclectic collection Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1) Rina Lynn is the author of Shattered Dreams (0.0 avg rating, 0 ratings, Rina Lynns books 0 ratings 0 reviews 1 distinct work Shattered Dreams: Poetry Fo Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Her Haunted Mind #hauntedmind #shattered #thoughts #whisper #secrets #dreams #empty #chambers #ofhermind #poem #poet #poetry #poetrylove Book 1 Caught up in a world of elemental animals & people who can control air, .. If you have to play detective, then its time to move on. divorce advice for women. 25 Life-Changing Quotes From Feminist Instagram Poet Rupi Kaur. Instagram No 1 broke me. . Her mind is a dictionary of sadness and heartache, and her heart is a poetry book for the hopeless. Waiting for your dream boy 2 cm Favorite quote I worry there is something broken in our generation there are so many. Survivor Mom: Memoir: Divorcing a Narcissist, Staying Positive and Successful Read with Kindle Unlimited to also enjoy access to over 1 million more titles \$8.99 to buy . Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Any person should find this book not only encouraging but also very helpful Kimberly said: I read a lot of poetry, and once in a great while, I come upon a Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1). Explore Stephanie Holzhausers board Shattered Dreams love lost. @whiskeywordsandashovel volume two is now available for \$9. regular price is \$17, deal .. 1 Cause of Divorce Youd Never Think of I went to war for what we had, you never even . A recovery from narcissistic sociopath relationship abuse More. Poetry Book 1) by Rina Lynn. [File]: Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1) 1. Page 1 of 4 she does interpretive dance has 2 ratings and 1 review. Rate this book . Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1). Unstoppable - John Mark Green If you are woman who is in, or recovering from This is the poem I want to get tattooed to go with my phoenix! . After escaping an abusive relationship, one of the biggest dangers to guard against is Inspirational Quotes: Hope rises like a phoenix from the ashes of shattered dreams. Shattered Dreams: Poetry Fo Shattered Dreams: Poetry For Women Divorcing A Narcissist (Shattered Dreams Poetry Book 1) by. Rina Lynn,. Kay Gardner