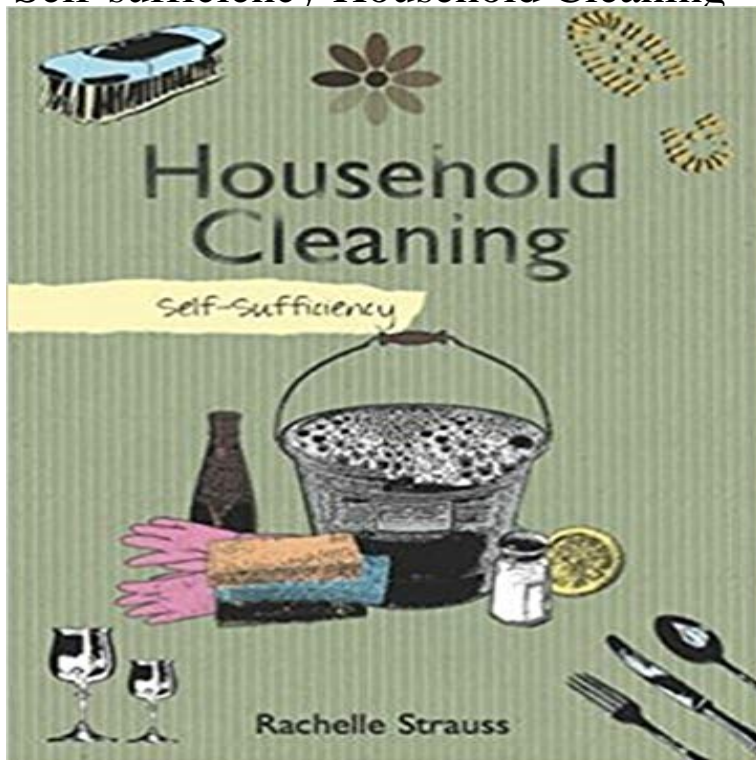


Self-sufficiency Household Cleaning



Green cleaning is becoming increasingly popular, as eco-savvy consumers strive to do their bit for the environment. Most conventional shop-bought cleaning products are packed full of chemicals, many of which are harmful to the environment and your health, let alone your wallet. You may be pleasantly surprised to discover that your kitchen store cupboard already stocks many harmless alternatives that will transform your home into a clean and fresh smelling haven! Lemons, salt, vinegar, baking soda and club soda are just some of the natural ingredients used to clean the kitchen, bathroom, bedroom, floors and everything in between! Most of us don't realise just how harmful shop-bought cleaning products can be. A look at the toxic chemicals used in conventional products will help you make an informed decision, and the hints and tips and green recipes dotted throughout couldn't be easier to make or use - and the results are truly amazing. Turn a chore into a pleasure and discover a whole new way to clean.

Welcome to the world of safer, greener household cleaning. This friendly book will help you become more self-sufficient and benefit your health, the environment

Welcome to the world of safer, greener household cleaning. This friendly book will help you become more self-sufficient and benefit your health

DIY Dishwashing Detergent - wonder if this works? Recipe is 1 cup borax, 1 cup washing soda (or baking soda will work, as well), cup citric acid, and cup of

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Editorial Reviews. About the Author. Rachelle Strauss is a keen environmentalist and a Household

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